

The family with a supernatural Jewish heart

Number 1802 March 2018

# mishpochah



News from Sid Roth's *It's Supernatural!* Television and Messianic Vision

## Don't let hidden toxic emotions sabotage your destiny

60 Days to Complete Freedom and Peace



by Drs. Dennis and Jennifer Clark

## Hidden toxic emotions will interfere with hearing God's voice

**T**wenty years ago, my mentor—a Christian counselor, Bible school president, and psychologist—privately told my new husband, Dennis, that she had believed I was too emotionally damaged to be of much use to God. I'm glad she never told me that because I'd have been devastated!

In spite of a dramatic conversion experience, old emotional baggage held me back at every step. People and circumstances continually triggered insecurities, fears, and long-suppressed pain. After a few years, I became a Christian counselor because it grieved me to see so many wounded believers like myself in the church. I learned to "cope" with my feelings better.

However, coping isn't healing—it's flesh.

Most of the time I managed to present an appearance of professional confidence and decorum, but beneath the surface I experienced hidden torment. Despite all my training, I was trapped in my past—bound by hidden hurts, wounds, fears, anger and shame. I also had difficulty receiving guidance from the Lord because my inner turmoil prevented me from hearing Him clearly.

The next time my former mentor saw me, however, I had been married to Dennis for two months. She exclaimed, "What happened to you? You're completely transformed!"

And I was. The issues that had plagued me were gone! Removing the baggage of my past resulted in a total life makeover. *All things have become new* (2 Cor. 5:17).

### A Transformed Life

Let me tell you the story.

We were two strangers from

different parts of the country—a pastor named Dennis and me, a Christian counselor—attending a conference in Jacksonville, Florida. I had been to plenty of conferences before, but none of them changed my life quite like this one.

During one session, a young woman suddenly had an emotional meltdown. Completely freaking out, she collapsed onto the floor, weeping. Nobody helped her. Instead, everyone simply froze in their tracks, staring in shock as the tormented young woman writhed on the carpet.

I thought to myself, "That's five or ten years of counseling right there on the floor!"

Based on my experience, I had little hope for her.

After a brief moment of hesitation, a pastor came over and calmly knelt beside her. Step-by-step, he began to coach her, and her emotional pain was quickly and easily transformed into deep peace. It was an amazing scene.

In less than ten minutes, the woman was up on her feet, smiling and calm, testifying that her emotional pain was gone. I'd never seen anything like this. This pastor's approach amazed me. It not only brought relief, but it was **fast**. I thought, "This is huge!" In a flash, I saw what such rapid and thorough emotional healing could mean to a world full of hurting people.

My life has never been the same since that day when I saw a young woman's life transformed in mere moments. That's also the day I met Dennis—the pastor, who is now my husband—and he started teaching

me about this revolutionary new-to-me approach of going directly to Messiah Jesus **in our own heart** to meet every need: *Messiah in you, the hope of glory* (Col. 1:27).

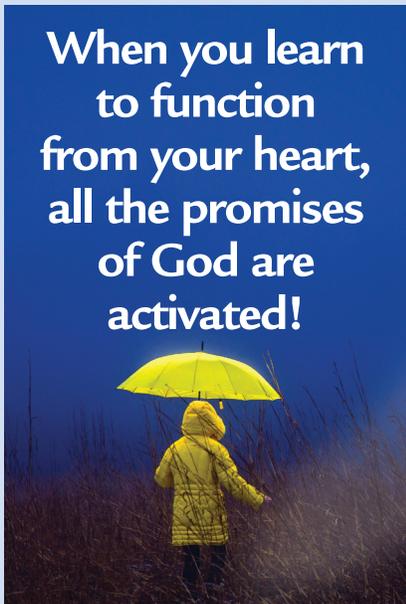
How was I healed? My husband, Dennis, taught me a new way to pray and coached me in it for the first two months of our marriage as the Lord healed my heart. All people, including believers, deal with toxic emotions that can sabotage marriages, cause sickness, stop us from hearing God or tragically, keep us from fulfilling our destiny. You can get rid of a lifetime of toxic emotions supernaturally as I did. Removing toxic emotions also resulted in spontaneous physical healings. According to the Centers for Disease Control and Prevention, 90 percent of physical ailments are emotionally based.

It was simple and easy. I yielded to Jesus in my own heart and He did the work. The end result was so dramatic I could hardly remember the wounded and defeated woman I had once been.

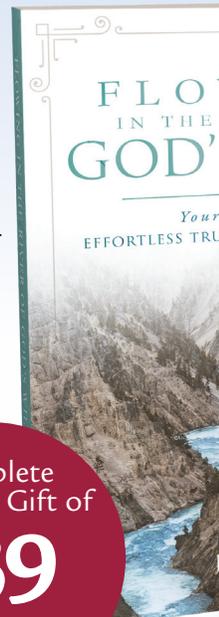
### Everyone Can Learn

Believers from three to 103 can learn how to do this for themselves as well as help others. I wrote down what Dennis taught me and now it has become our quest to get the how-to's out to as many people as possible.

We have equipped thousands of believers around the world and our online school is currently reaching 35 nations. Many have developed ministries within their own churches or started house churches and groups. We have also trained many



When you learn to function from your heart, all the promises of God are activated!



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# s voice, destroy relationships, and block physical healing.

pastors who have made their own lives easier by teaching members of their congregation how to go directly to Jesus within for healing and deliverance.

## Forgiveness Is Not a Process, It's Instant

Stored toxic emotions and resultant behavior patterns are destiny destroyers that prevent us from receiving the promises of God...until we learn how to remove the barriers.

Forgiveness is the key for removing negative emotions. When we forgive properly, toxic emotions are instantly washed out and replaced by supernatural peace. However, most believers think it's a long process. The problem is that they are trying to forgive with their head instead of their heart. Christianity is a matter of the heart. Believers know intuitively that salvation takes place in the heart! We must believe in our heart to be saved (see Rom. 10:9). We must also forgive from our heart (see Matt. 18:35). "From the heart" is the secret. Our inner reality is determined by what is in our heart, not by the words we say or our mental analysis. What happens in our heart is what counts!

When you learn to function from your heart, all the promises of God are activated!

## You Have Two Brains

Researchers have discovered that we have not one but two brains—a thinking brain in our head and an emotional brain in our gut.<sup>1</sup> In early embryonic development a band of neural tissue divides and forms two separate and independent nervous systems—the central nervous system (CNS) and the recently discovered enteric nervous system (ENS) comprised of nerve cells that line the esophagus, stomach, intestines, and bowel.<sup>2</sup> The thinking brain doesn't relay information to the gut, however. The brain in our gut tells the brain in our head how we feel! Have you ever heard bad news and felt "sick" in your gut? Had a gut hunch? Listened to your heart instead of your head? Now you know why. Our emotional heart is centered in the gut.

Interestingly enough, science is finally catching up to the Bible because words such as "belly" in the original Hebrew and Greek are often translated "heart" in English. *The spirit of man is the candle of the LORD, searching all the inward parts of the belly*

(Prov. 20:27 KJV). And, in the New Testament, Jesus says, *He that believeth on me, as the scripture hath said, out of his belly shall flow rivers of living water* (John 7:38 KJV) implying that our spiritual life is also centered in the gut.

Spending 60 days forgiving from the heart as the Lord leads will change your life forever! ✨

1. Michael Gershon, *The Second Brain: A Groundbreaking New Understanding of Nervous Disorders of the Stomach and Intestine*, (New York, NY; Harper Collins, 2003).

2. Adam Hadhazy, "Think twice: How the gut's 'second brain' influences mood and well-being," *Scientific American* February 12, 2010: [ScientificAmerican.com/article/gut-second-brain/](http://ScientificAmerican.com/article/gut-second-brain/) accessed January 7, 2018.



Drs. Dennis and Jennifer Clark minister full-time as a husband and wife team. They pastor Kingdom Life Church in Fort Mill, SC, host their TV show, *Secrets Revealed*, on It's Supernatural! Network, and are founders of Full Stature Ministries.

## 60 Days to Complete Peace & Freedom!

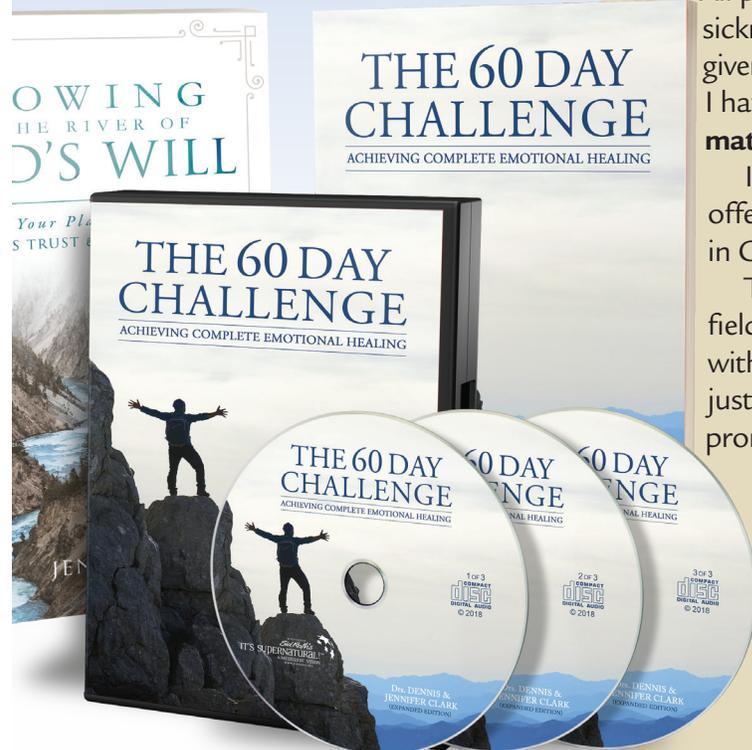
All people deal with toxic emotions that can sabotage marriages, cause sickness, stop us from hearing God, or keep us from fulfilling our God-given destiny. Drs. Dennis and Jennifer Clark have created the best tools I have ever seen for removing these blockages. **Trust me on this—their materials are a life changer!**

In their brand-new book, *Flowing in the River of God's Will*, the Clarks offer a groundbreaking approach to discovering how to effectively walk in God's purposes for your life.

Their journal/devotional and 3-CD series, *The 60-Day Challenge*, is a field-tested way to heal toxic emotions in your soul and replace them with supernatural peace. Most believers bury their toxic emotions or just live with them. Find out how these barriers to unlocking all the promises of God can be quickly and supernaturally removed.

Get ready to unblock **your** access to supernatural emotional and physical healing. **You're just 60 days away from a new you!**

*The 60-Day Challenge* (journal/devotional and 3-CD series) and *Flowing in the River of God's Will* (book) are available for a donation of \$39 or more (\$47 Canadian). Order using the enclosed reply card, by calling 1-800-548-1918 or online at [SidRoth.org/9534](http://SidRoth.org/9534).



Dear Mishpochah (Family) by Sid Roth



# Our (Your) Ministry is Exploding



I have just received the latest statistics on the growth of our media ministry. The crown jewel of our media outreach is Middle East Television (METV). Our network is “must carry” on every TV set in Israel.

When we acquired METV, the programming was great for Christians, but ineffective for “all Israel” to be saved. We have gradually been adding new shows. In the first year we have owned the network, **the viewership has increased 15%!** And some of the new programming was added later in the year, so watch out for 2018!

We have also added many evangelistic Jewish testimony videos between top programs. And, since we also cover the entire Middle East, we now have an evangelistic show to reach Arabs.

We sprinkle our lineup with secular programming to attract the unsaved. In addition to Israeli news, we now carry Israeli food, travel and fashion shows as well as children’s programs. We even air NFL games, including the Super Bowl (with interviews of believing

football players). Other programs we have added are: *Touched By An Angel*, *Bonanza*, *Little House on the Prairie* and *Walker Texas Ranger*. We are in negotiations to broadcast major movies on believing themes.

I expect METV to become the most viewed network in Israel! And when God’s Glory hits, watch what happens as we start showing creative miracles like amputated limbs being restored before our eyes! Yes, all Israel will be saved.

## The rest of “your” ministry is exploding as well!

Our YouTube channel—went from 11 million views in 2016 to 34 million views in 2017.

Over 328,000 people have now downloaded the app for our *It’s Supernatural! Network* (ISN)! Our average “watch time” is now four hours per day. And ISN is reaching 15,000 viewers daily!

We see the same explosive growth on our new evangelism projects. We are just about to begin mailing my revised testimony booklet, *There Must Be Something More!*, to 720,000 North American Jewish millennials. We know

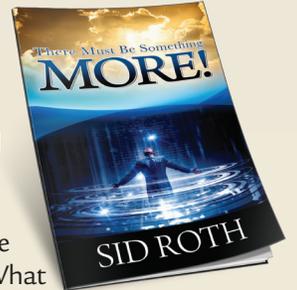
from a recent Barna Group survey that 21% of American Jewish millennials believe Jesus was God in human form! That doesn’t mean they are saved, but they are ripe for evangelism. What if only 1% of our mailing results in salvation? That’s 7,200 Jewish millennials on fire for Jesus!

None of this would be possible without *Mishpochah* (Family) like you.

I look forward to our continued partnership this year as we capture an abundant Jewish harvest!

Dennis and Jennifer Clark are personal friends who have the best tools I have ever seen to remove toxic emotions (see offer on page 3). We have to believe the promises of God **with our heart**. Our problem has been we have had only mental assent

to His promises. This is why so few are healed or even hear God’s voice clearly. Through the Clark’s materials, thousands have been set free in less than two months from toxic emotions that have blocked the promises of God for a lifetime. Trust me on this, it is a life changer! ✨



Our evangelistic TV show, *It's Supernatural!*, aired over 10,000 times worldwide in 2017.

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